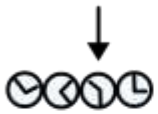




Viruses make us unwell



Most of the time, people are healthy.



Sometimes



people



become unwell



because of a virus



like a cold,



flu



or something else.



Most of the time,



people's



bodies

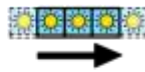


get rid of



viruses

in a



few days

or



weeks.



While

the body

is



recovering

from a



virus,



people



need

to



stay at home

or



in bed

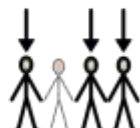
to



rest.



Soon



most people



should



feel



well again.